



UWSOM Admissions Process for Medical School

Stella V. Yee, M.Ed.
Director of Admissions



UWSOM is Committed to:

- The states of Washington, Wyoming, Alaska, Montana, and Idaho (WWAMI)
- Training physicians of all specialties to practice in the region
 - Recognizing the special importance of training primary care doctors
- Contributing to biomedical research
- Providing educational opportunities for educationally and economically disadvantaged





Committee on Admissions Mission Statement

Through holistic review, we will select diverse and inclusive future physicians who share the values of our school. We will choose the next generation of leaders who will innovate to improve healthcare and health equity for all, especially the rural and underserved peoples of WWAMI.





Our Expectations

All Applicants

- Meet our mission
- Knowledge of being a physician
- Understanding of current issues facing medicine
- Academic ability
- Analytical thinking
- Communication and interpersonal skills

NON-WWAMI Applicants

- Extensive record of service with underserved
- Disadvantaged background
- Ties to WWAMI



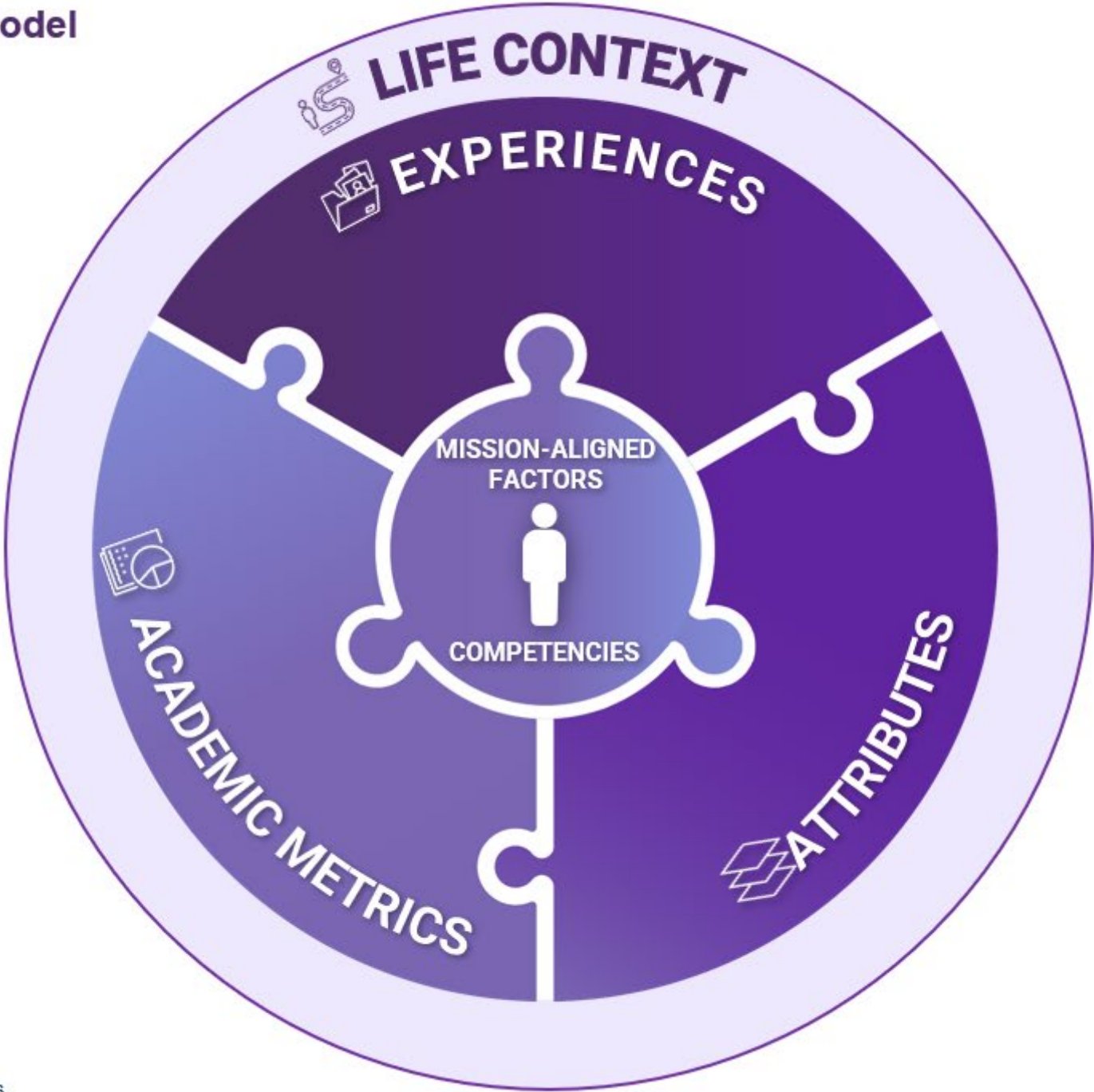
Mission-Aligned Selection Framework

Mission-aligned selection is defined as a flexible, mission-driven approach to recruit and assess an individual's competencies by considering their **experiences, attributes, metrics, and competencies** in order to select applicants who will best contribute to the program's unique goals, learning environment, and the practice of medicine.

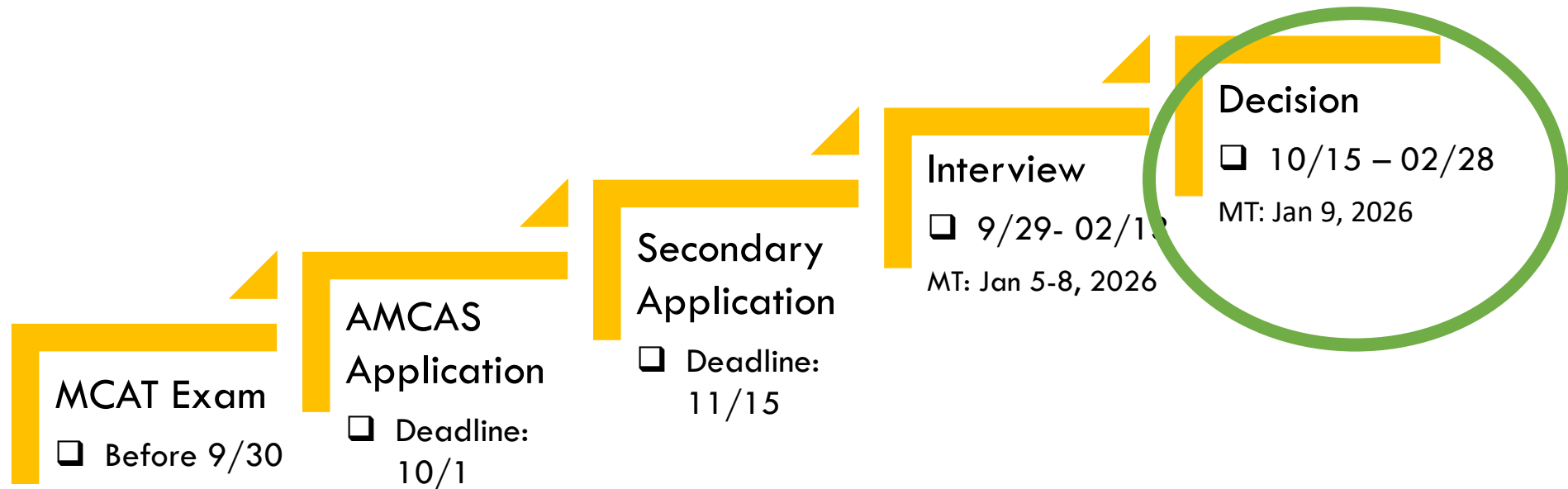


<https://www.aamc.org/services/member-capacity-building/holistic-review>

Holistic Review EAMC Model



E26 Application Process



Medical College Admission Test (MCAT)



Total Score:
472 (lowest) to 528 (highest)
118 to 132 for each section

- We accept MCAT scores for 3 years prior to application year
 - For example: 2026 scores are valid for Fall 2027, 2028 and 2029 cycles
- MCAT should be taken no later than September the year of application

Visit <https://www.uwmedicine.org/school-of-medicine/admissions/mcat> for more guidance





Premedical Course Requirements

Social Science, Humanities, or “Human Condition”: Demonstrated Competency

- Understand social forces that shape the health of individuals and communities they will serve

Biology: 1 Year (lab recommended)

- The subject matter in these courses must include college-level biology, molecular genetics and cell biology/cell physiology

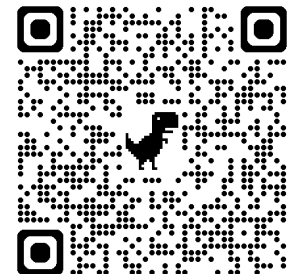
Chemistry/Biochemistry: 2 years (lab recommended)

- The subject matter in these courses must include college-level inorganic and organic chemistry and biochemistry.

Physics: 1 Year

- The subject matter in these courses must include college-level physics principles including mechanics, kinetics, thermodynamics, properties of matter, wave theory, electricity and magnetism and optics

<https://www.uwmedicine.org/school-of-medicine/admissions/course-requirements>



AMCAS: The Primary Application



The screenshot displays the AAMC website's navigation bar with links for AAMC.ORG, STUDENTS & RESIDENTS, CAREERS IN MEDICINE, and AAMC STORE. A search bar is located on the right. Below the navigation bar, the AAMC logo is followed by the text "Students & Residents". A horizontal menu lists various options: Choosing a Medical Career, Applying to Medical School (which is underlined), Attending Medical School, Applying to Residency, Training in a Residency or Fellowship, and Quick Links. Below this menu is a breadcrumb trail: Home / Applying to Medical School / Understanding the Process / Applying to Medical School with AMCAS®. The main heading is "Applying to Medical School with AMCAS®". Below this, a paragraph states: "The American Medical College Application Service® (AMCAS®) is the AAMC's centralized medical school application processing service. Most U.S. medical schools use AMCAS as the primary application method for their first-year entering classes." To the right of this text is a button labeled "AMCAS" with a registered trademark symbol, a "Sign In" link, and a right-pointing arrow. Below this is a section titled "Connect with AMCAS®" containing social media links for Twitter (@AMCASinfo) and YouTube (AMCASinfo). Another section titled "Contact AMCAS®" includes a link to "Send us a message" and contact information: "Monday-Friday, 9 a.m.-7 p.m. ET" and "Closed Wednesday, 3-5 p.m. ET", along with a phone number "202-828-0600". On the left side of the main content area, there is a photograph of a young woman with dark hair, wearing a pink shirt, looking at a laptop screen.

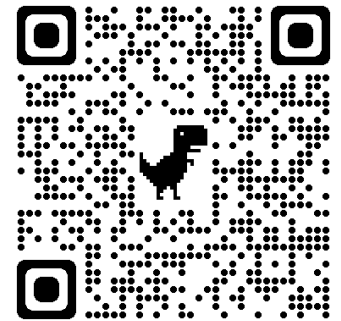
E26 Deadline: October 1st

2025 AMCAS® Processing Fee: \$175 (includes one medical school designation). Additional medical school designations: \$46 each.



2025 AAMC Fee Assistance Program (FAP)

- Reduced MCAT registration fees
 - from \$345 to \$140
- The MCAT Official Prep Online-Only Bundle(\$268.80 value)
- Medical School Admission Requirements (MSAR)-2 yr subscription (\$36 value)
- Waiver for all AMCAS fees for one application submission (up to 20 medical schools) (\$1,049 value)
- AAMC PREviewTM Benefit (\$100 value)



AAMC Fee Assistance
Program



Your Experiences



- Clinical Exposure
 - Shadowing
 - Scribing, Medical Interpreting, MA, CNA, etc.
- Community Service
 - Can include non-clinical volunteering
- Patient Engagement
- Leadership Roles
- Research
- Employment
- Hobbies, interests, or **any activities that are meaningful**

Personal Comments/Statement

Essays | AMCAS

Secure | <https://apps.aamc.org/amcas/#/application/essays>

AAMC

Mickey Mouse ▾

American Medical College Application Service® 2019 Application

My AAMC Profile Main Menu My Application ▾ Help

Identifying Information Schools Attended Biographic Information Course Work Work/Activities Letters of Evaluation Medical Schools Essays Standardized Tests

« Back Save Save & Continue »

Personal Comments Essay*

Personal Comments Essay

Why you want to go to medical school

Consider and write your Personal Comments carefully; many admissions committees place significant weight on this section. Make sure you proofread carefully because no changes may be made after you submit your application. [What information should I consider including in my personal comments?](#)

Use the space provided to explain why you want to go to medical school. *

Why do you want to be a doctor?

- ❖ Motivation for medicine
- ❖ A description of prior experiences in health care
- ❖ Steps taken to explore a career in medicine
- ❖ Eventual goals as a physician

E26 Application Process



Preliminary Screening

- WWAMI Applicants with < 3.0 UGPA, < 3.0 BCPM GPA or < 498 MCAT will be rejected
 - Montana applicants below the cut off will go to the Montana Executive Committee Member for review.
- Non-WWAMI Applicants with < 3.25 UGPA, < 3.0 BCPM GPA, or < 500 MCAT will be rejected
- International students without United States permanent residency or citizenship will be rejected
- Applicants who have three previous applications will be rejected

Preliminary Screening (cont.)

- WWAMI applicants above the academic cut off will get a secondary
- Non-WWAMI applicants above the academic cut off will get a secondary if they:
 - Demonstrate commitment to working with underserved
 - Come from a disadvantaged background
 - Have ties to the WWAMI region

	E-2025 MD Statistics																					
MCAT Score	No MCAT		<485		485-489		490-493		494-495		498-501		502-505		506-509		510-513		514-517		518-528	
Undergraduate GPA	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot	acc	tot
3.80-4.00	0	0	0	0	0	2	0	6	1	10	11	44	27	67	33	79	27	97	32	108	31	121
3.60-3.79	0	0	0	2	0	1	1	6	1	15	8	46	18	55	20	75	23	70	20	60	12	36
3.40-3.59	0	0	0	5	0	7	0	10	4	18	7	36	7	37	5	37	2	25	1	17	4	8
3.20-3.39	0	0	0	4	0	5	0	5	2	14	2	15	1	20	1	9	3	12	0	2	2	3
3.00-3.19	0	1	0	2	0	6	0	4	1	8	1	7	2	9	1	4	2	4	0	2	0	0
2.80-2.99	0	0	0	5	0	1	0	4	0	6	0	7	1	4	0	6	1	4	0	2	0	0
2.60-2.79	0	0	0	4	0	1	0	1	0	1	0	1	0	1	0	2	0	2	0	0	0	0
2.40-2.59	0	0	0	5	0	0	0	1	0	0	0	0	0	1	0	1	0	0	0	0	0	0
2.20-2.39	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0
2.00-2.19	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
<2.00	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Totals	0	1	0	28	0	23	1	39	9	73	29	157	56	194	61	214	58	214	53	191	49	168

WWAMI applicants only |
Includes WWAMI MSTP |
Latest MCAT Score was used |
GPA is total undergraduate GPA

2025 Statistical Outline of Montana Applicant Pool (128) and Entering Class (30)

	APPLIED	OFFERED	ENTERING
n =	128	35	30
Average Undergrad GPA	3.70	3.79	3.77
Average MCAT	504.80	507.06	505.73



UWSOM Secondary Application

Applicants complete the secondary application

- Additional statements
- Letters of recommendation
- TRUST Application (optional)
- Montana WWAMI Eligibility

E-26 Deadline: November 15th



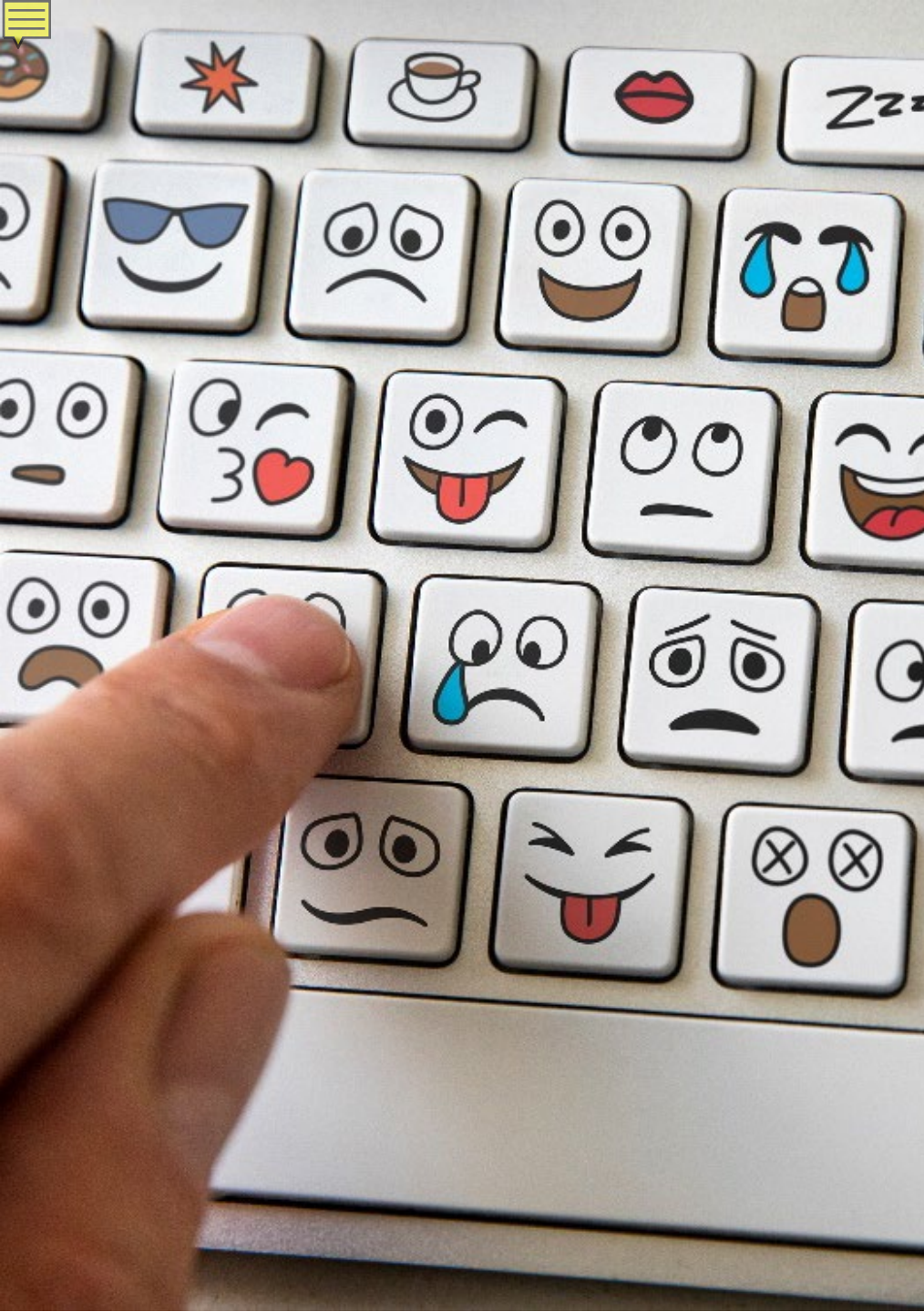
UWSOM Secondary Statements

Secondary statements are updated every year

- Limit is 250 words
- Opportunity to share new insights/experiences not part of your AMCAS application.

Examples from E26 include:

- How have societal inequities in the U.S. affected you or people you have worked with?
- Describe your competency by explaining how you have explored and come to understand issues in the social sciences and humanities as they relate to the practice of medicine.



Letters of Recommendation

- Required: a committee letter or 3 letters of recommendation
- An additional 3 letters will be accepted
- Letters should:
 - be balanced and provide a well-rounded view of your candidacy for medicine
 - give the committee a better understanding of who you are.
- Consider current employers, people at your volunteer or shadowing opportunities, teaching assistants, etc.

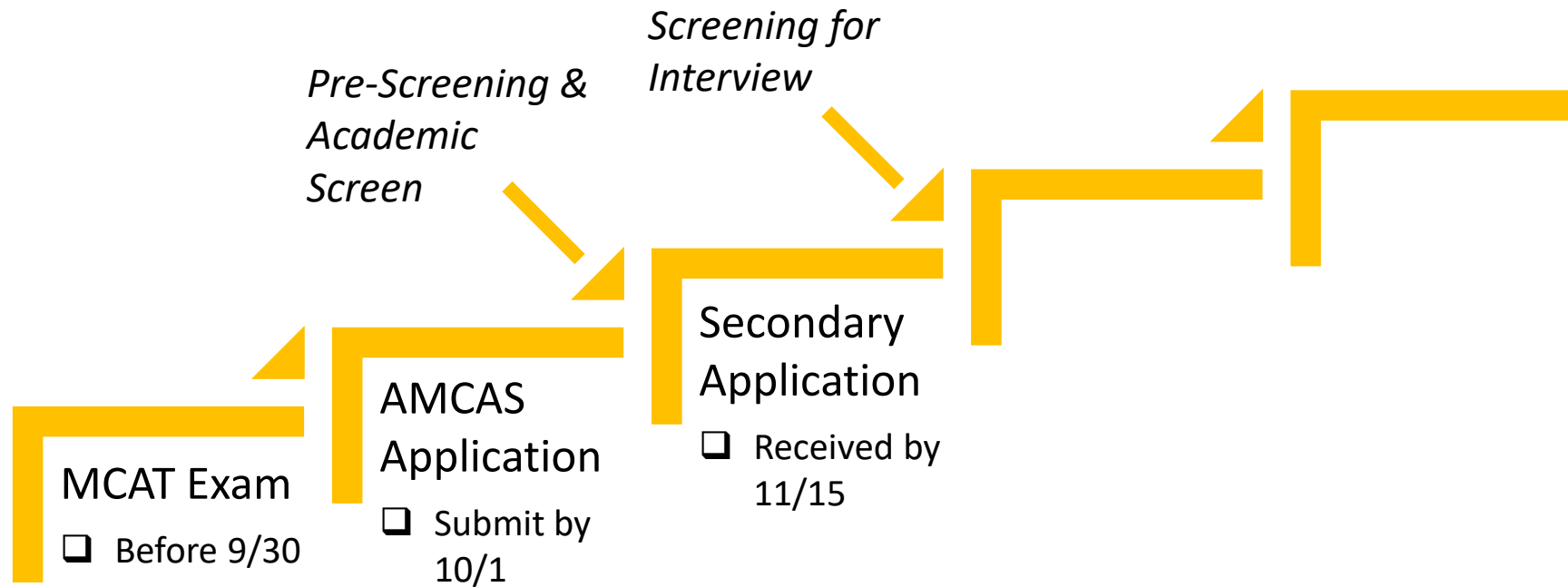
TRUST Application

- Please describe why you desire to participate in the TRUST program. Given your experience to date, which specialty is most interesting to you and where would you like to practice?
- Please identify the rural and underserved areas wherein you have lived/worked for more than two months (community name, population, state and dates lived in that community).



"I love that having completed TRUST is an obvious way on my residency application to show programs who I am and what I stand for."

E26 Application Process



Screening Applications

- Complete applications are reviewed by two screeners for an invitation to interview.
- Montana applicants with a negative screen will go to the Montana Executive Committee Member for a final review.
- Decision to extend an interview can take up to 6 weeks.

Considerations When Screening



Academic ability

Upward trajectory
GPA and MCAT are consistent and solid



Experiences/Activities

Clinical Exposure
Service
Experiences that are consistent with goals



Clear and coherent motivation for medicine



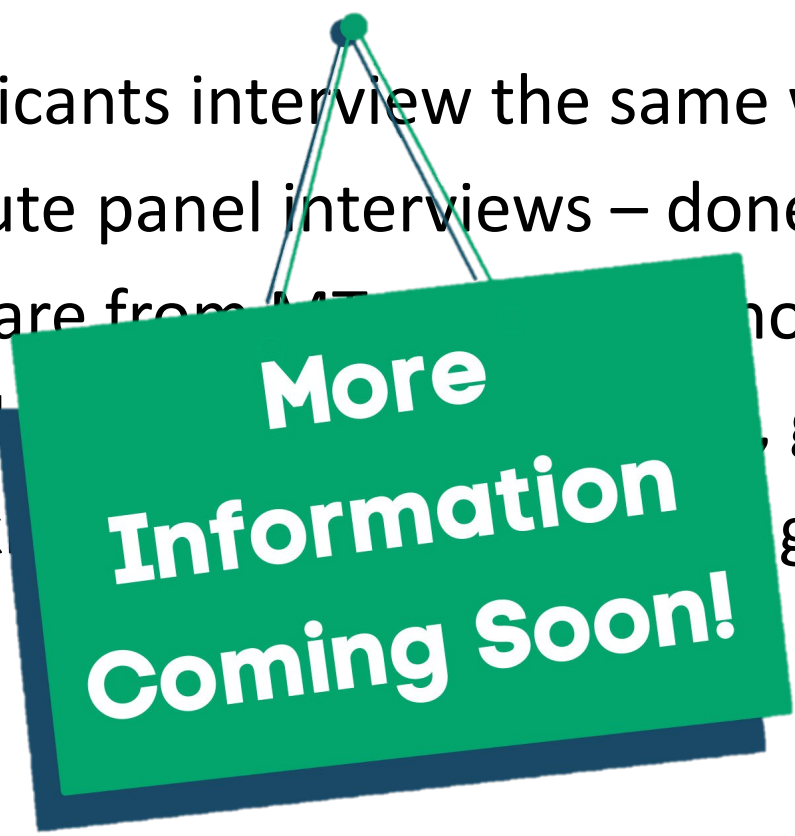
Solid letters of recommendation



How do you fit our mission, how do we fit yours

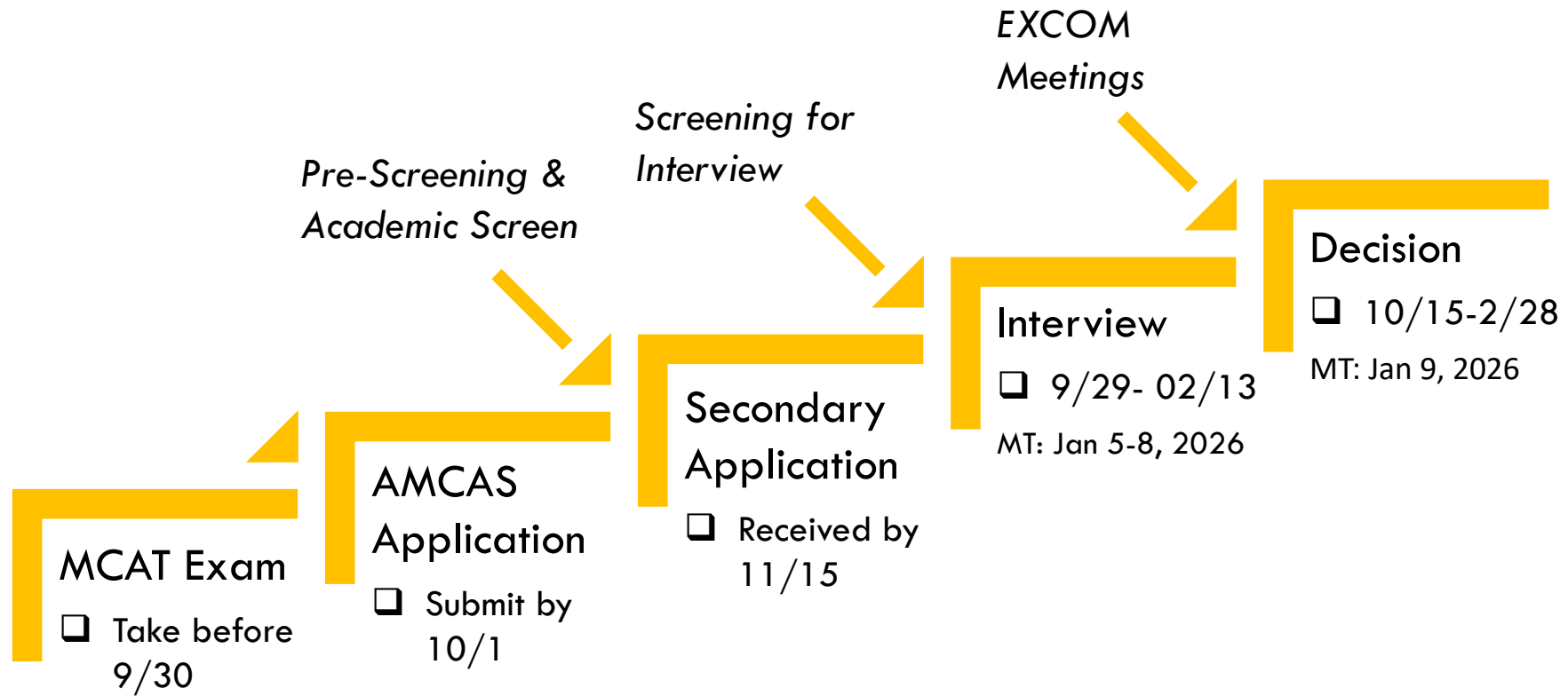
Interviews

- All Montana applicants interview the same week
- 3-person 30-minute panel interviews – done virtually
- 2/3 interviewers are from MT, 1 from another WWAMI location
- 2/3 interviewers have a background in medicine (degrees, grades, MCAT)
- Goal is to get to know applicants and identify gaps of the application



**More
Information
Coming Soon!**

E26 Application Process

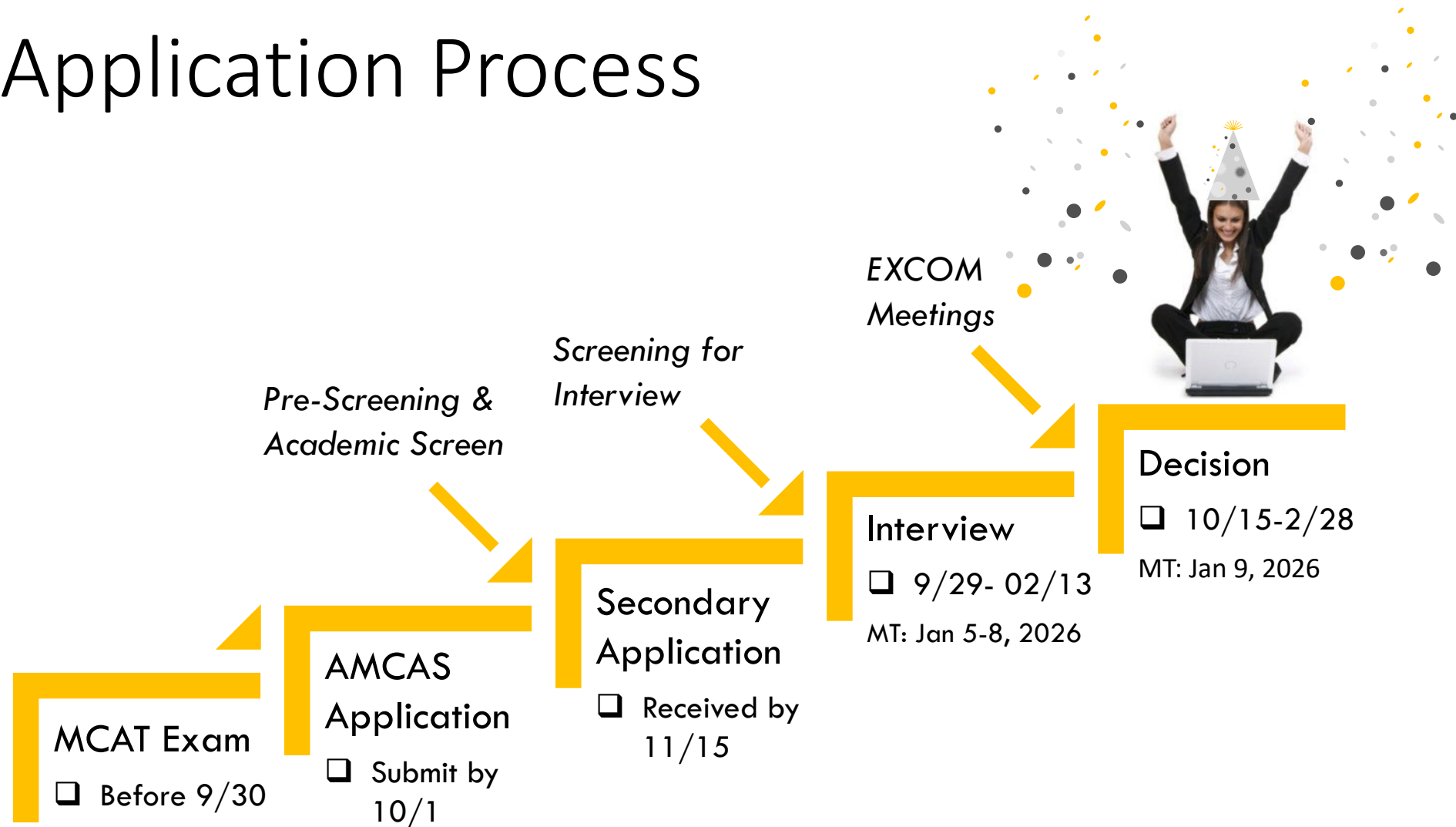




Decision

- Applications are reviewed throughout the season (“rolling admissions”) by the Executive Committee
 - Montana applicants will hear an update the week after interviews
- All applicants will be notified of final decisions by the end of February

E26 Application Process



E-25 Applicant Pool and Entering Class

	Total	WA	WY	AK	MT	ID	OOR -MD only	OOR MSTP
Applied	5,275	925	40	68	128	148	3,319	647
Completed Secondaries	1209	741	36	59	101	111	161	N/A
Interviewed	715	388	32	55	79	79	82	N/A
Offers Made	371	167	24	39	35	51	31	24
Entering	280	143	20	30	30	40	13	4

Upcoming UWSOM Admissions Event



AAMC VIRTUAL MEDICAL SCHOOL FAIR 2025

Information Sessions

October 29 • 11 a.m. – 5 p.m. ET

Chat with Med Schools and Postbac Programs

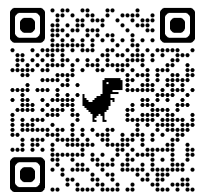
October 30 • 11 a.m. – 6 p.m. ET



Summer Health Professions Education Program (SHPEP)

- Applications open November 1
- Open to students who are current freshmen and sophomores in college
- There are 11 program sites, and they will offer a variety of modalities in administering the 6-week program
- UW will offer a 2 weeks virtual 4 weeks in-person
- Students will receive a stipend of \$1,000 at the start of the in-person program
- For more information, contact

shpepuw@uw.edu



<https://equity.uwmedicine.org/shpep/>





For More Information

Visit Our Website

<http://www.uwmedicine.org/admissions>



- Advice from the Admissions Dean
- Application procedure
- Resources to prepare your application
- FAQs

Contact Our Office

Office of Admissions Email:
askuwsom@uw.edu

Office of Admissions Phone:
206-543-7212

Facebook



Instagram



YouTube



Thank you