



UWSOM Admissions Process for Medical School

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Director of Admissions



UWSOM is Committed to:

- The states of Washington, Wyoming, Alaska, Montana, and Idaho (WWAMI)
- Training physicians of all specialties to practice in the region
 - Recognizing the special importance of training primary care doctors
- Contributing to biomedical research
- Providing educational opportunities for educationally and economically disadvantaged





Committee on Admissions Mission Statement

Through holistic review, we will select diverse and inclusive future physicians who share the values of our school. We will choose the next generation of leaders who will innovate to improve healthcare and health equity for all, especially the rural and underserved peoples of WWAMI.



Our Expectations

All Applicants

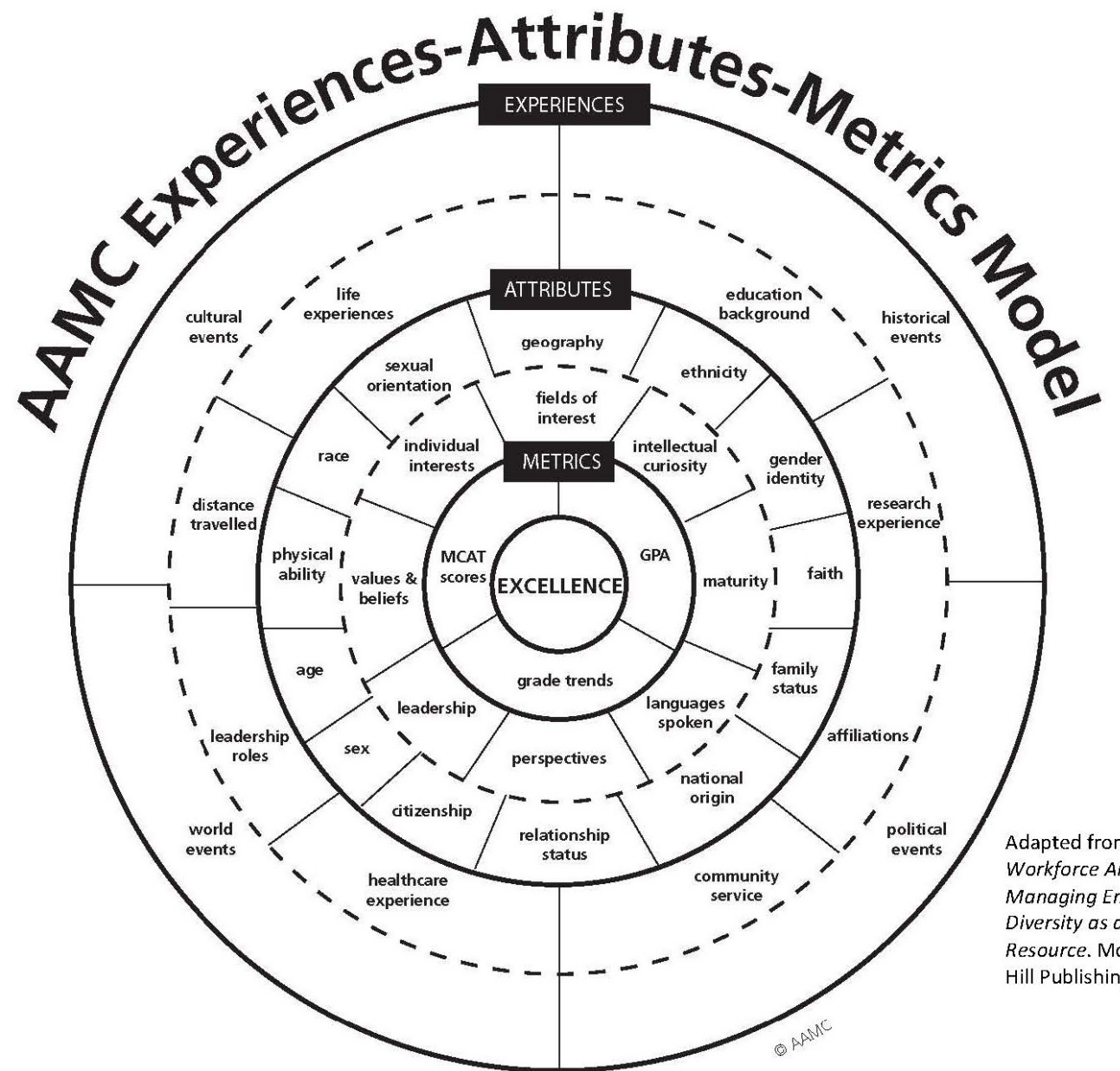
- Meet our mission
- Knowledge of being a physician
- Understanding of current issues facing medicine
- Academic ability
- Analytical thinking
- Communication and interpersonal skills

NON-WWAMI Applicants

- Extensive record of service with underserved
- Disadvantaged background
- Ties to WWAMI

Holistic Review

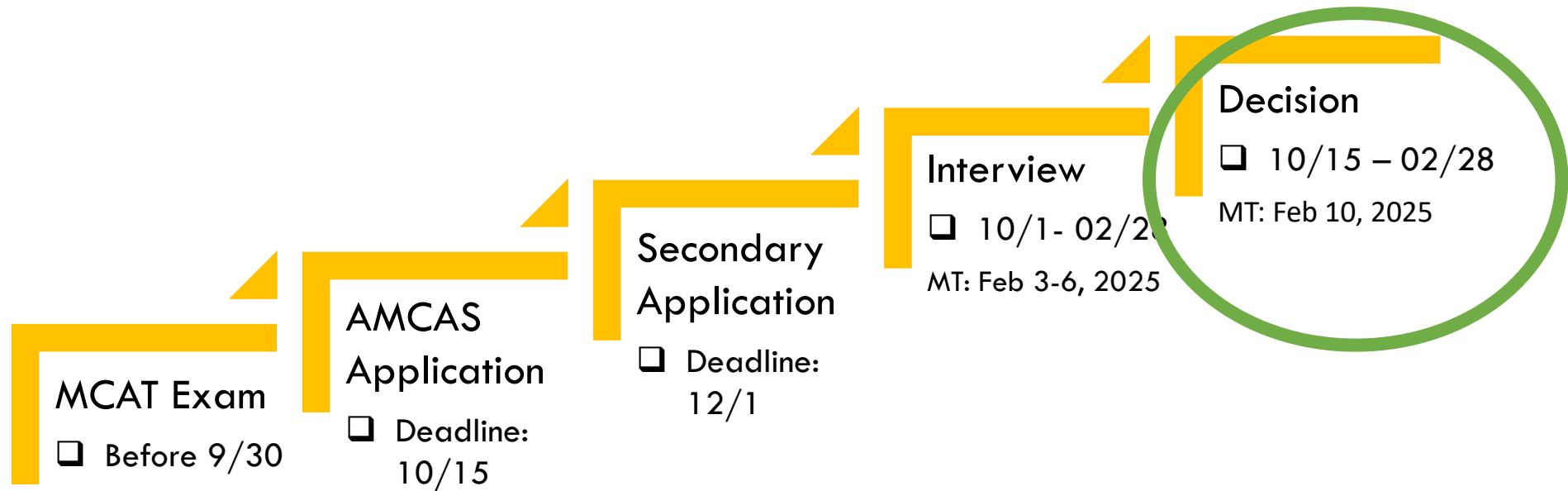
When the application is evaluated within the context of the applicant's lived experiences



Adapted from
*Workforce America:
Managing Employee
Diversity as a Vital
Resource*. McGraw
Hill Publishing, 1990.

The AAMC Experiences-Attributes-Metrics Model is a central focus of the Holistic Review Project. The E-A-M model provides the lens through which admission committee members can view applicants to recognize the varying dimensions and contexts that shape each candidate's identity. It is not meant to be a complete representation of all dimensions of an individual, nor is it intended to serve as a modified checklist. Schools have found it to be a helpful reference when assessing their admissions policies and practices.

E25 Application Process



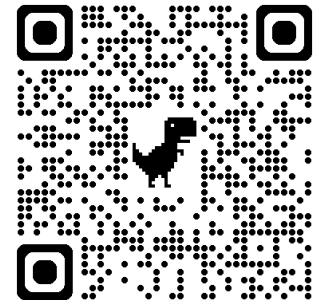
Medical College Admission Test (MCAT)



Total Score:
472 (lowest) to 528 (highest)
118 to 132 for each section

- We accept MCAT scores for 3 years prior to application year
 - For example: 2025 scores are valid for Fall 2026, 2027 and 2028 cycles
- MCAT should be taken no later than September the year of application

Visit <https://www.uwmedicine.org/school-of-medicine/admissions/mcat> for more guidance





Premedical Course Requirements

Social Science, Humanities, or “Human Condition”: Demonstrated Competency

- Understand social forces that shape the health of individuals and communities they will serve

Biology: 1 Year (lab recommended)

- The subject matter in these courses must include college-level biology, molecular genetics and cell biology/cell physiology

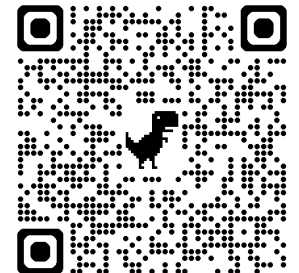
Chemistry/Biochemistry: 2 years (lab recommended)

- The subject matter in these courses must include college-level inorganic and organic chemistry and biochemistry.

Physics: 1 Year

- The subject matter in these courses must include college-level physics principles including mechanics, kinetics, thermodynamics, properties of matter, wave theory, electricity and magnetism and optics

<https://www.uwmedicine.org/school-of-medicine/admissions/course-requirements>



AMCAS: The Primary Application

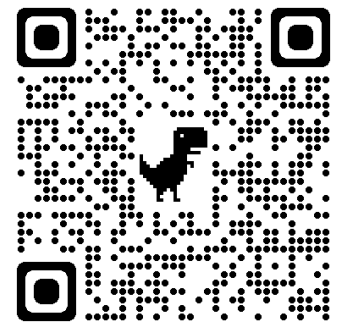
The screenshot shows the top navigation bar of the AMCAS website with links for AAMC.ORG, STUDENTS & RESIDENTS, CAREERS IN MEDICINE, and AAMC STORE. Below this is the AAMC logo and the text 'Students & Residents'. A search bar is located to the right. A horizontal menu contains links for 'Choosing a Medical Career', 'Applying to Medical School' (which is underlined), 'Attending Medical School', 'Applying to Residency', 'Training in a Residency or Fellowship', and 'Quick Links'. Below the menu is a breadcrumb trail: Home / Applying to Medical School / Understanding the Process / Applying to Medical School with AMCAS®. The main heading is 'Applying to Medical School with AMCAS®'. Below the heading is a paragraph: 'The American Medical College Application Service® (AMCAS®) is the AAMC's centralized medical school application processing service. Most U.S. medical schools use AMCAS as the primary application method for their first-year entering classes.' To the right of this text is a 'Sign In' button. Below the paragraph is a photograph of a young woman looking at a laptop. To the right of the photo are three sections: 'Connect with AMCAS®' with social media links for @AMCASinfo and AMCASinfo; 'Contact AMCAS®' with a 'Send us a message' link; and a list of hours: 'Monday-Friday, 9 a.m.-7 p.m. ET' and 'Closed Wednesday, 3-5 p.m. ET', along with the phone number '202-828-0600'.

E25 Deadline: October 15th

2024 AMCAS® Processing Fee: \$175 (includes one medical school designation). Additional medical school designations: \$45 each.

2024 AAMC Fee Assistance Program (FAP)

- Reduced MCAT registration fees
 - from \$335 to \$140
- The MCAT Official Prep Online-Only Bundle(\$268.80 value)
- Medical School Admission Requirements (MSAR)-2 yr subscription (\$36 value)
- Waiver for all AMCAS fees for one application submission (up to 20 medical schools) (\$1,030 value)
- AAMC PREview™ Benefit (\$100 value)



AAMC Fee Assistance
Program



Your Experiences



- Clinical Exposure
 - Shadowing
 - Scribing, Medical Interpreting, MA, CNA, etc.
- Community Service
 - Can include non-clinical volunteering
- Patient Engagement
- Leadership Roles
- Research
- Employment
- Hobbies, interests, or **any activities that are meaningful**

Personal Comments/Statement

Essays | AMCAS

Secure | <https://apps.aamc.org/amcas/#/application/essays>

AAMC

Mickey Mouse

American Medical College Application Service® 2019 Application

My AAMC Profile Main Menu My Application Help

Identifying Information Schools Attended Biographic Information Course Work Work/Activities Letters of Evaluation Medical Schools Essays Standardized Tests

Personal Comments Essay*

Personal Comments Essay

Why you want to go to medical school

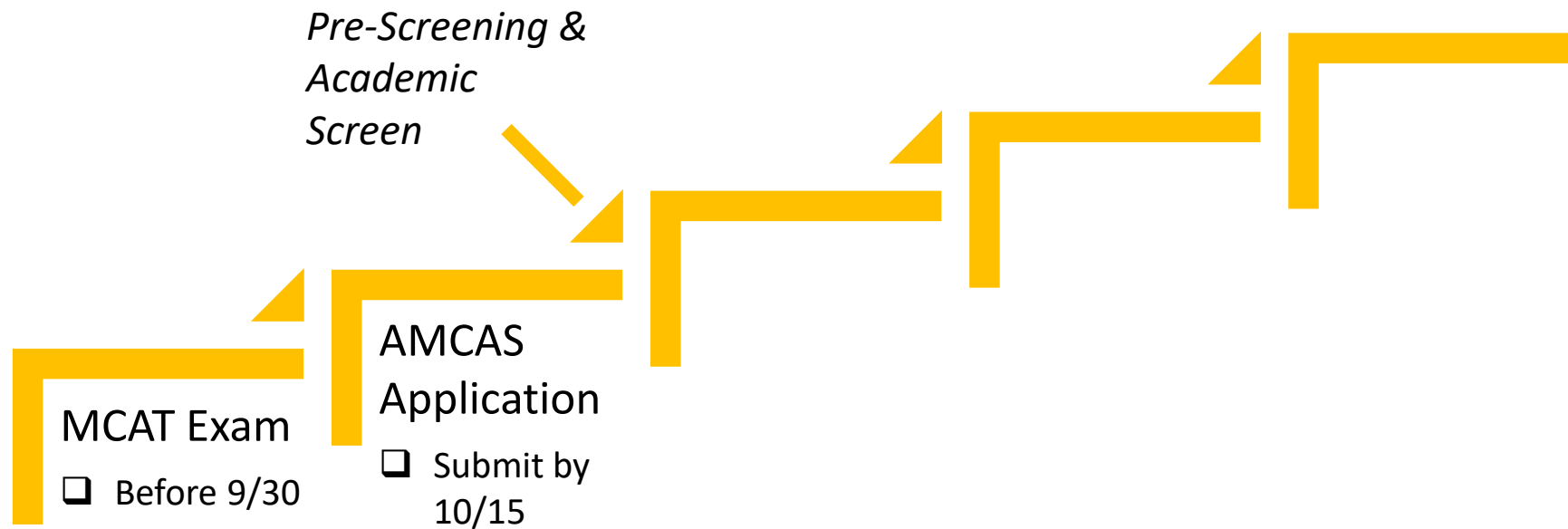
Consider and write your Personal Comments carefully; many admissions committees place significant weight on this section. Make sure you proofread carefully because no changes may be made after you submit your application. [What information should I consider including in my personal comments?](#)

Use the space provided to explain why you want to go to medical school.*

Why do you want to be a doctor?

- ❖ Motivation for medicine
- ❖ A description of prior experiences in health care
- ❖ Steps taken to explore a career in medicine
- ❖ Eventual goals as a physician

E25 Application Process



Preliminary Screening

- Applicants with low GPA AND low MCAT score will be rejected
 - Montana applicants below the cut off will go to the Montana Executive Committee Member for review.
- International students without United States permanent residency or citizenship will be rejected
- Applicants who have three previous applications will be rejected

Preliminary Screening (cont.)

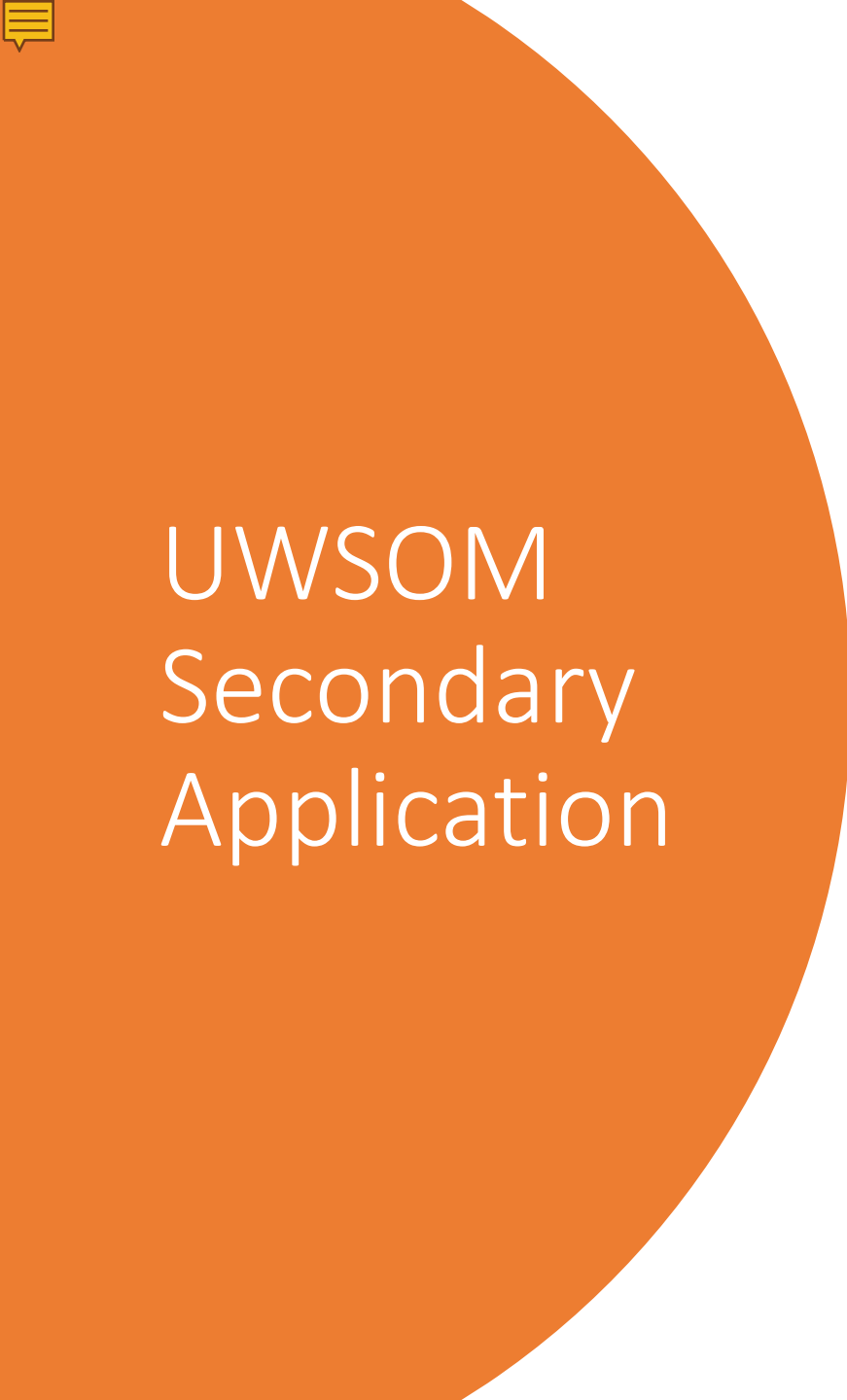
- WWAMI applicants above the academic cut off will get a secondary
- Non-WWAMI applicants above the academic cut off will get a secondary if they:
 - Demonstrate commitment to working with underserved
 - Come from a disadvantaged background
 - Have ties to the WWAMI region

| | E-2024 MD Statistics | | | | | | | | | | | | | | | | | | | | | |
|-------------------|----------------------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|-----------|------------|-----------|------------|-----------|------------|-----------|------------|-----------|------------|-----------|------------|
| MCAT Score | No MCAT | | <485 | | 485-489 | | 490-493 | | 494-495 | | 498-501 | | 502-505 | | 506-509 | | 510-513 | | 514-517 | | 518-528 | |
| Undergraduate GPA | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot | acc | tot |
| 3.80-4.00 | 0 | 2 | 0 | 1 | 0 | 3 | 0 | 4 | 1 | 13 | 13 | 34 | 17 | 47 | 24 | 68 | 34 | 96 | 28 | 107 | 39 | 128 |
| 3.60-3.79 | 0 | 0 | 0 | 1 | 0 | 3 | 0 | 10 | 2 | 21 | 10 | 31 | 13 | 47 | 16 | 59 | 19 | 66 | 18 | 65 | 10 | 29 |
| 3.40-3.59 | 1 | 1 | 0 | 6 | 0 | 6 | 0 | 12 | 0 | 24 | 6 | 23 | 9 | 30 | 14 | 44 | 7 | 23 | 2 | 24 | 2 | 10 |
| 3.20-3.39 | 0 | 3 | 0 | 4 | 0 | 5 | 0 | 10 | 0 | 9 | 5 | 15 | 4 | 20 | 3 | 15 | 0 | 6 | 1 | 2 | 0 | 2 |
| 3.00-3.19 | 0 | 1 | 0 | 5 | 0 | 5 | 0 | 7 | 0 | 9 | 3 | 14 | 1 | 5 | 1 | 6 | 2 | 4 | 0 | 4 | 0 | 0 |
| 2.80-2.99 | 0 | 2 | 0 | 5 | 0 | 3 | 0 | 3 | 0 | 5 | 1 | 4 | 0 | 3 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 |
| 2.60-2.79 | 0 | 0 | 0 | 3 | 0 | 2 | 0 | 1 | 0 | 2 | 1 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 2.40-2.59 | 0 | 1 | 0 | 2 | 0 | 1 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 |
| 2.20-2.39 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 2.00-2.19 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| <2.00 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| Totals | 1 | 11 | 0 | 27 | 0 | 29 | 0 | 49 | 3 | 83 | 39 | 122 | 44 | 153 | 58 | 196 | 62 | 196 | 49 | 205 | 51 | 169 |

*WWAMI applicants only /
Includes WWAMI MSTP /
Latest MCAT Score was used /
GPA is total undergraduate GPA*

2024 Statistical Outline of Montana Applicant Pool (85) and Entering Class (30)

| | APPLIED | OFFERED | ENTERING |
|------------------------------|----------------|----------------|-----------------|
| n = | 85 | 36 | 30 |
| Average Undergrad GPA | 3.66 | 3.65 | 3.59 |
| Average MCAT | 504.73 | 507.67 | 506.80 |

A large orange circle on the left side of the slide, partially cut off by the edge.

UWSOM Secondary Application

Applicants complete the secondary application

- Additional statements
- Letters of recommendation
- TRUST Application (optional)
- Montana WWAMI Eligibility

E-25 Deadline: December 1st

A decorative yellow dashed line in the bottom right corner of the slide.

UWSOM Secondary Statements (250 words max)

- The UWSOM aims to build a diverse class of students to enrich the field of medicine. What perspectives, identities, and/or qualities would you bring?
- What obstacles have you experienced and how have you overcome them?
- How have societal inequities in the U.S. affected you or people you have worked with?
- Describe your competency by explaining how you have explored and come to understand issues in the social sciences and humanities as they relate to the practice of medicine.

Letters of Recommendation

- Required: a committee letter or 3 letters of recommendation
- An additional 3 letters will be accepted
- Letters should:
 - be balanced and provide a well-rounded view of your candidacy for medicine
 - give the committee a better understanding of who you are.
- Consider current employers, people at your volunteer or shadowing opportunities, teaching assistants, etc.





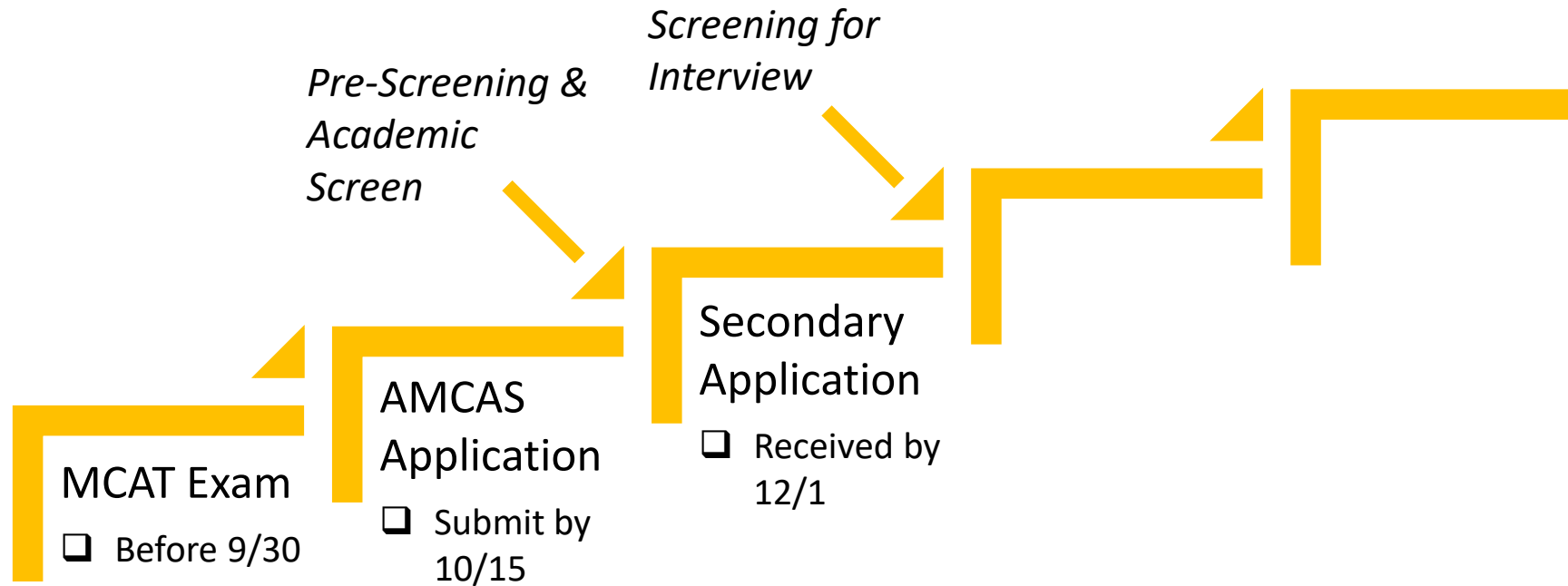
TRUST Application

- Please describe why you desire to participate in the TRUST program. Given your experience to date, which specialty is most interesting to you and where would you like to practice?
- Please identify the rural and underserved areas wherein you have lived/worked for more than two months (community name, population, state and dates lived in that community).



"I love that having completed TRUST is an obvious way on my residency application to show programs who I am and what I stand for."

E25 Application Process



Screening Applications

- Complete applications are reviewed by two screeners for an invitation to interview.
- Montana applicants with a negative screen will go to the Montana Executive Committee Member for a final review.
- Decision to extend an interview can take up to 6 weeks.

Considerations When Screening



Academic ability

Upward trajectory
GPA and MCAT are consistent and solid



Experiences/Activities

Clinical Exposure
Service
Experiences that are consistent with goals



Clear and coherent motivation for medicine



Solid letters of recommendation



How do you fit our mission, how do we fit yours

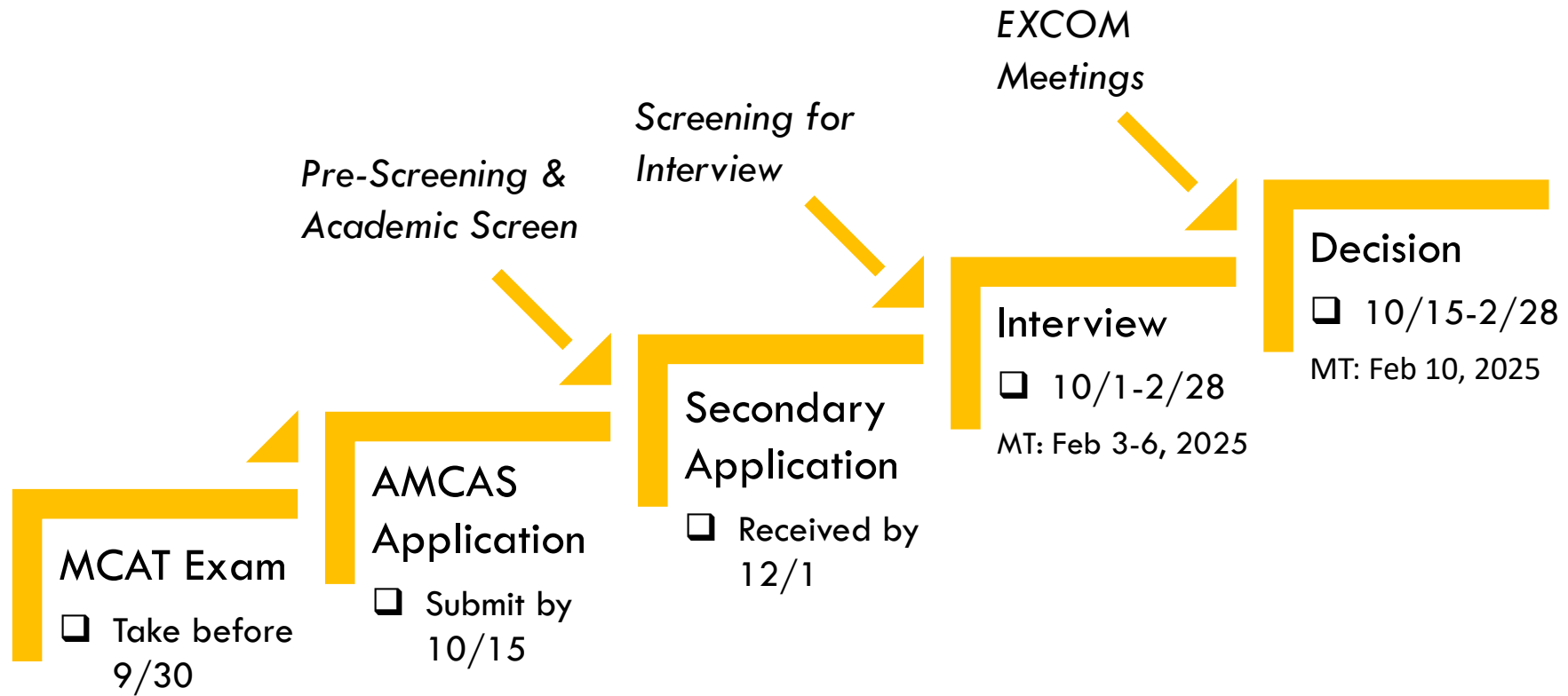
Interviews

- All Montana applicants interview the same week
- 3-person 30-minute panel interviews – done virtually
- 2/3 interviewers are from MT, 1 from another WWAMI location
- 2/3 interviewers have a background in medicine (degrees, grades, MCAT)
- Goal is to get to know applicants and identify gaps of the application



**More
Information
Coming Soon!**

E25 Application Process

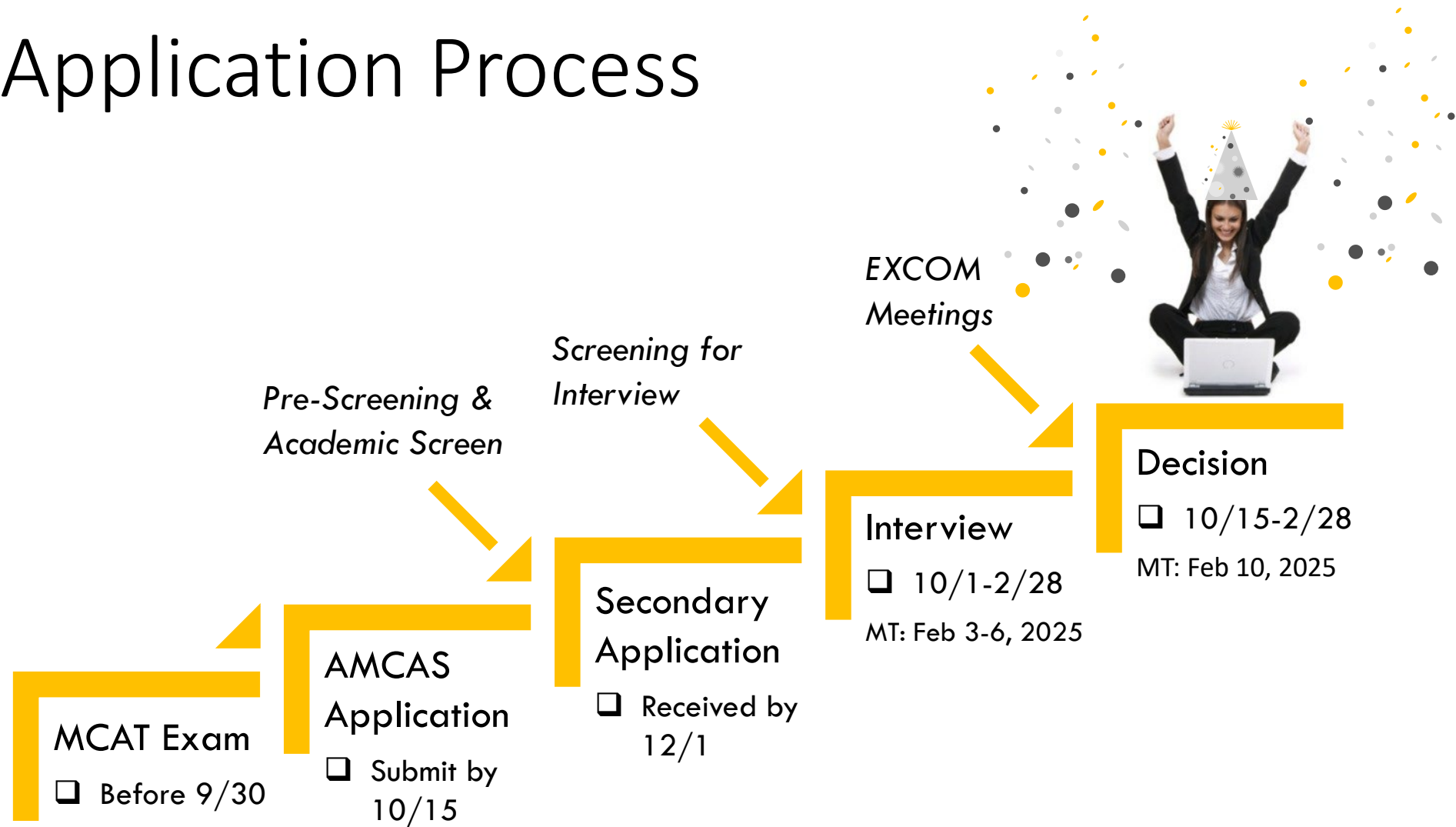




Decision

- Applications are reviewed throughout the season (“rolling admissions”) by the Executive Committee
 - Montana applicants will hear an update the week after interviews
- All applicants will be notified of final decisions by the end of February

E25 Application Process



E-24 Applicant Pool and Entering Class

| | Total | WA | WY | AK | MT | ID | OOR- MD Only | OOR- MSTP |
|--------------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------------------------|----------------------|
| Applied | 5077 | 876 | 44 | 65 | 85 | 168 | 3381 | 458 |
| Interviewed | 677 | 352 | 31 | 42 | 67 | 86 | 99 | - |
| Offered | 361 | 162 | 21 | 31 | 36 | 57 | 30 | 24 |
| Accepted | 275 | 136 | 20 | 25 | 30 | 40 | 17 | 7 |

Upcoming UWSOM Admissions Events



The screenshot shows the top navigation bar of the AAMC website with links for Home, Information Sessions, Exhibitors, FAQs, and a Login button. Below the navigation is a large banner image of two medical students in white coats looking at a laptop. The text on the banner reads "AAMC VIRTUAL MEDICAL SCHOOL FAIR" in white, with "October 16-17, 2024" below it. At the bottom of the banner are two white buttons labeled "Login" and "Register".



October 16, 2024
11:00 AM – 5:30 PM ET
Live Virtual Information Sessions



The banner features a photograph of four diverse medical professionals: a woman with curly hair, a man with a beard, a woman wearing a hijab, and a man with glasses. They are all smiling and wearing white lab coats. The AAMC logo is in the top right corner. Below the photo is an orange banner with the text "Diversifying the Next Generation of Doctors" in a large, dark red serif font, and "CAREER FAIR AND WORKSHOPS" in a smaller, dark red sans-serif font below it.



November 9, 2024
8:30 AM-4:30 PM ET
In Atlanta, GA

Summer Health Professions Education Program (SHPEP)

- Applications open November 1
- Open to students who are current freshmen and sophomores in college
- There are 12 program sites, and they will offer a variety of modalities in administering the 6-week program
- UW will offer a 4 weeks virtual 2 weeks in person
- Students will be paid \$1000 plus \$100 food budget for each week virtual (UW total \$1400)
- For more information, contact Nora Coronado at ncorona@uw.edu



<https://equity.uwmedicine.org/shpep/>



For More Information

Visit Our Website

<http://www.uwmedicine.org/admissions>



- Advice from the Admissions Dean
- Application procedure
- Resources to prepare your application
- FAQs

Contact Our Office

Office of Admissions Email:
askuwsom@uw.edu

Office of Admissions Phone:
206-543-7212

Facebook



Instagram



YouTube



Thank you