

Self-Determination Theory Psychological Need Support and Job Satisfaction

Autonomy

 the experience of acting with a sense of choice and volition and fully embracing one's actions.

Definitions

Competence

 the belief that one has the ability to influence and master important outcomes

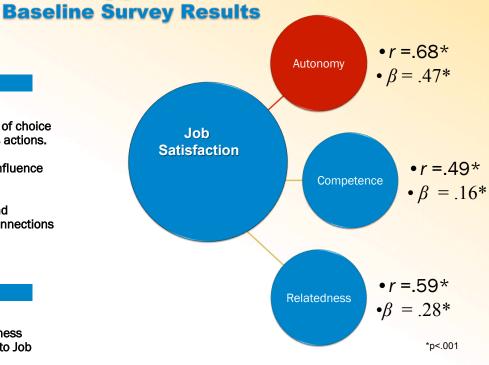
Relatedness

 the experience of having satisfying and supportive social relationships and connections

Summary of Results

- Autonomy, Competence, and Relatedness each uniquely and significantly relate to Job Satisfaction.
- Together, these three variables account for 56% of the variability in Job Satisfaction, and significantly predict Job Satisfaction in a regression model, F(3, 282) = 121.54, p < .001.

To Consider: When have you felt the most autonomous, competence, and/or relatedness supported?



| Variable | Other Correlations with Job Satisfaction |
|--|--|
| Perceptions of Quality of Supervision | .35* |
| Perceptions of General Health | .20* |

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To Consider: Why does autonomy support have the strongest association with Job Satisfaction?

