PRESCRIPTION OPIOIDS & STIMULANTS AWARENESS & EDUCATION GRANT OCT-DEC 2021 PROJECT NEWSLETTER



PROJECT NEWS:

- ⇒ FREE enrollment in the Thrive for Montana online emotional well-being program for adults is being offered through funding from this project. For more information please visit our website OR enroll here!
- ⇒ Prescription Opioid Prevention and Awareness Education Toolkits: All five modules are now available on <u>our website</u>
- ⇒ SAVE THE DATE!!!! Statewide Rural Opioid Technical Assistance Training on November 15th & 16th: This two, half-day technical assistance opportunity will take place online. TOPIC: Highlighting Evidence-Based Youth Risk Behavior Prevention Programs.

 AUDIENCE: the intended audience includes community members/organizations that work either directly or indirectly with high school students. Register Here
- ⇒ We would like to welcome Graduate Research Assistant KayAnn Miller: KayAnn's own PhD research is designed to explore what happens to important biomarkers for depression and suicide when participants consume an Indigenous foods-based diet. Her most recent work on campus included helping Indigenize MSU Culinary Services' pantries and menus. KayAnn will be helping the ROTA team with data input and analysis.
- ⇒ We would like to welcome Graduate Research Assistant Collin Dalrymple: Collin is a senior in Pre-med, majoring in Cell Biology and Neuroscience. "I hope to one day make it through medical school and pursue a career in surgery. In my free time you can pretty much always find me on the river fly fishing. My role in this project is to transfer the school poll data from paper to the online format before hopefully helping with analysis of the data."

Meet the Team

Alison Brennan, Ph.D.

Principal Investigator
Assistant Professor,
Health & Human Development
MSU Extension FCS
Mental Health Specialist

Michelle U. Grocke, Ph.D.

Principal Investigator
Assistant Professor,
Health & Human Development
MSU Extension FCS
Health & Wellness Specialist

Barbara Allen, M.S.

Co-Principal Investigator

Program Director

MSU Extension Associate Specialist

Jennifer Munter **Project Manager**MSU Extension

Kim Paul, Ph.D. **Tribal Liaison**Piikani Lodge Health Institute

UPCOMING EVENTS: (click to register)

Sept 30th & Oct 1st 9:00 am -11:00 pm: Adolescent SBIRT Training: Participants will learn basic strategies for implementing SBIRT, an evidence-based practice to prevent and reduce risky substance use among adolescents ages 12 to 18.

October 29th & 30th: Addiction Medicine Network Meeting and Four Training Opportunities: AMN meeting and multiple training opportunities, including the newly updated comprehensive ASAM Pain Management course, which incorporates all six units outlined in FDA blueprint for safe opioid prescribing.

November 15th & 16th 9:00 am—12:30 pm:

Statewide Rural Opioid Technical Assistance Training Highlighting Evidence-Based Youth Risk Behavior Prevention Programs: Highlighting Generation Rx, Active Parenting, Youth Aware of Mental Health (YAM), [insert here], Communities that Care, Creating Lasting Family Connections, and [insert here] Come learn more about these programs!

November 18th 9:00 am - 12:00 pm: The ASAM Moving Beyond Barriers of Treating Opioid Use Disorder course (OB/GYN Focus): A three hour training on implementing office-based treatment for opioid use disorder for pregnant and breastfeeding women.

Naloxone Master Trainer Program Information (click to register)

Completion of the Naloxone Master Trainer program authorizes individuals to conduct Naloxone Training for those eligible for liability protections when administering Naloxone to a suspected opiate overdose in Montana under the 2017 Help Save Lives from Overdose Act (HB333). A 90-minute skills training session is required once the online training is completed. After registration of a Hands-on Skills Session you will be emailed a link to the 90 minute online training course module. You must complete this online training module prior to the hands-on session: For train the trainer program dates visit the MT DPHHS website

MSU Extension Collaborators (ROTA 20 Grant):

Katelyn Anderson
Partner for Ravalli County

Jesse Fulbright
Agent for Liberty County

Hillary Maxwell

Agent for the Fort Belknap Reservation

Julie Riley & Mary Rumph
Agents for Powder River County

Mary Miller
Prevention Specialist for Toole County

MSU Extension Collaborators (ROTA 18 Grant):

Jennifer Anderson
Rosebud-Treasure Counties

Wendy Becker
Fort Peck Reservation

Denise Seilstad (retired June 2020) Fergus/Petroleum Counties

> Alice Burchak Toole County

Hillary Maxwell
Fort Belknap Reservation

Yvonneda Thompson
N. Cheyenne Reservation

HOTLINE - NEED HELP?
If you or someone you love is dealing with opioid misuse, please contact the SAM-

HSA Hotline at (800) 662-HELP (4357).

For More information contact our Project Director Barbara Allen at blallen@montana.edu or (406)-994-3531