

MSU Extension Healthy Aging presents a

Caregiver Respite Retreat

Monday, April 27th

10 a.m. – 3 p.m.

Central Montana Medical Center - Old Nursing Home Dining Room
408 Wendell Ave, Lewistown

Free event

Registration Required

Each caregiver will receive a \$100 Visa gift card to help cover costs of caregiving in your absence or for your own self-care.

Call MSU Extension Agent Teresa Young,
with questions and to register at: 406-535-3919



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