

# 2026 Alzheimer's Facts and Figures



OVER  
**7 MILLION**  
Americans are living  
with Alzheimer's



**1 in 3**  
older adults dies with  
Alzheimer's or another  
dementia

NEARLY  
**13 MILLION**

Americans provide  
unpaid care for people  
with Alzheimer's or  
other dementias



These caregivers  
provided more  
than 19 billion  
hours valued over

**\$446**  
BILLION

**3 out of 4**

Americans say  
lifestyle behaviors  
are important  
for brain health,



but only  
**46%**

strongly connect  
these behaviors to  
reducing dementia risk



It kills more than  
breast cancer and  
prostate cancer



**COMBINED**

(Over)

The lifetime risk for Alzheimer's at age 45 is

1 in 5

for women

1 in 10

for men

In 2026, Alzheimer's and other dementias will cost the nation

\$409  
BILLION

By 2050, these costs could rise to nearly

\$1 TRILLION



Between 2000 and 2024 deaths from heart disease have decreased 3.8%



while deaths from Alzheimer's disease have increased over 134%



**MONTANA**  
STATE UNIVERSITY

EXTENSION

[www.montana.edu/extension/alzheimers](http://www.montana.edu/extension/alzheimers)



## Alzheimer's Dementia Legal and Financial Resources for Montanans

This MSU Extension program provides materials for teachers, parents, and others to educate about Alzheimer's Dementia by the following materials:

- **Alzheimer's and Related Dementias: Support for Montana Farmers and Ranchers and their Families**
- **Alzheimer's Packet:** Download or order Montana-specific materials about legal and financial alternatives through MSU Extension
- **Storybooks for Children**
- **"My Life, My Values": A Worksheet for Those Facing Memory Loss**

